

Get back in the game

Now's the perfect time to put the focus back on prevention



LEARN MORE

Take advantage of preventive care to help manage your health

Your doctor will see you now

Talking with your physician and receiving the care you need is important to make sure you're at your healthy best.

Most physicians' offices are now accepting in-person visits. They've taken steps to protect your health and safety, so you can feel comfortable making an appointment.

Prefer staying home? Telehealth visits and virtual care are quick and convenient options that may be available depending on your needs.

No matter what type of visit you have, most preventive care is covered 100% when seeing a doctor in the network.

Schedule the care you need

Staying up to date with annual exams and routine screenings may help lower your chances of getting sick. Plus, wellness visits can help detect any issues early, when they may be easier to treat.

Managing a health condition? Don't wait to be seen by your physician. They can help make sure you're staying on track and give you the resources and support you need to live your best.

Also, don't forget any vaccines you and your family members may need based on age and health.

Pick a 'go-to' doc to quarterback your health team

Need to find a primary care physician? Visit [HealthChoiceOK.com](https://www.healthchoiceok.com) to search for providers.

Have questions? We're here to help

If you have questions or need help finding the right doctor, call the HealthChoice Care Management team at **888-750-3232**. Our care management team consists of registered nurses, pharmacists and doctors available at no cost to assist and supplement your doctor's care.

For more information about the HealthChoice Care Management Team, visit [hccarecoordination.com](https://www.hccarecoordination.com).

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